6000 Arbor Bluff Parkway
Madison, WI 53719
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arborbluffhealth.example

Arbor Bluff Medical Center

Discharge Summary

Patient: Raymond C. Ostrander, date of birth 05/30/1953

Admitted: September 10, 2019. **Discharged:** September 13, 2019.

Attending physician: Miriam Valdivia, MD, Cardiology

Allergies recorded on admission: Penicillin (hives). Sulfa: patient not sure; "it upset my stomach once."

Diagnosis

Heart attack without ST elevation (NSTEMI). Coronary artery disease of one vessel. Type 2 diabetes. High blood pressure.

Procedure, September 12, 2019

Left heart catheterization through the right radial artery. A 90% narrowing was found in the middle part of the left anterior descending artery and was opened with one drug-eluting stent, 3.0 mm by 18 mm. The right coronary artery has a 30% narrowing and the circumflex 20%; neither needs treatment. Pumping function is normal (ejection fraction 55%).

Medicines at discharge

Medicine	Dose	Note
Aspirin	81 mg daily	for life
Clopidogrel	75 mg daily	for 12 months; do not stop without asking cardiology
Atorvastatin	40 mg at bedtime	new
Metoprolol succinate	25 mg daily	new
Lisinopril	10 mg daily	continue
Metformin	1000 mg twice daily	restart 48 hours after the procedure

Instructions

- No driving for one week. Do not lift more than 10 pounds for two weeks.
- Cardiac rehabilitation, 36 sessions, to begin October 1, 2019.
- Cardiology clinic in two weeks.

- Stent card: the stent is safe for MRI at 1.5 and 3 tesla. Carry the card and show it before any procedure.
- Call 911 for chest pain that does not ease within five minutes of rest.

Results during this stay

Test	Result
Troponin, highest	0.38 ng/mL (normal under 0.04)
LDL cholesterol on admission	118 mg/dL
Creatinine at discharge	0.98 mg/dL
Ejection fraction	55%

Appointments made for you

When	With	Where
September 26, 2019, 10:40 a.m.	Dr. Valdivia	Arbor Bluff Heart Center
October 1, 2019, 8:00 a.m.	Cardiac rehabilitation, first session	Arbor Bluff Medical Center, lower level
Within four weeks	Dr. Raghavan	Arbor Bluff Clinic West; please call to arrange

A lipid panel is to be drawn eight weeks after discharge. Your cardiologist will write to your primary physician with the results.