3900 Alum Creek Parkway
Suite 120
Westerville, OH 43081
(614) 555-0112
alumcreekallergy.example

Alum Creek Allergy & Asthma

Food Allergy and Anaphylaxis Emergency Care Plan

School year 2025-2026. Keep one copy with the epinephrine and give one to the school nurse.

STUDENT		
NAME Eli J. Adeyemi	DATE OF BIRTH 03/07/2018	WEIGHT 55 lb
ALLERGY TO PEANUT	ASTHMA No	HISTORY OF ANAPHYLAXIS Yes, 09/09/2023

FOR ANY OF THESE SEVERE SYMPTOMS		
LUNG Short of breath, wheeze, repetitive cough	THROAT Tight, hoarse, trouble swallowing	MOUTH Swelling of the tongue or lips
SKIN Many hives over the body	GUT Repeated vomiting, severe cramps	OR A COMBINATION Symptoms from two body areas

1. INJECT EPINEPHRINE IMMEDIATELY. 2. Call 911 and say that epinephrine was given. 3. Lay the child flat with legs raised. 4. A second dose may be given after 5 minutes if symptoms have not improved. 5. Call the parents.

FOR MILD SYMPTOMS FROM ONE BODY AREA ONLY		
NOSE Itchy, runny, sneezing	MOUTH Itchy mouth	SKIN A few hives, mild itch
GUT Mild nausea	WHAT TO DO Give antihistamine, stay with the child, call the parents	IF SYMPTOMS WORSEN Give epinephrine

CONTACTS		
PARENT 1 Leah Brandvold (614) 555-0137	PARENT 2 Marcus Adeyemi (614) 555-0164	PHYSICIAN Anand Venkataraman, MD (614) 555-0112

MEDICATIONS, DOSES AND SIGNATURES		
EPINEPHRINE EpiPen Jr 0.15 mg, outer thigh	PHYSICIAN SIGNATURE *A. Venkataraman* 10/07/2025	PARENT SIGNATURE *Leah Brandvold* 10/07/2025
ANTIHISTAMINE Benadryl 12.5 mg = 5 mL	IF PEANUT WAS EATEN FOR CERTAIN epi at the FIRST symptom, don't wait - AV	OTHER MEDICATION None